



FRED BROWN RECOVERY SERVICES

Treatment Schedule

Monday		
Breakfast	07:00 AM	07:30 AM
Morning Meditation	07:30 AM	08:00 AM
Housekeeping – Double Scrub	08:00 AM	09:30 AM
Primary Group	10:00 AM	11:30 AM
Lunch	12:30 PM	01:00 PM
Peer Evaluation / Reward Drawing	01:30 PM	02:30 PM
Dinner	05:00 PM	05:30 PM
Smoking Cessation	05:45 PM	06:45 PM
12 Step Meeting	07:20 PM	09:30 PM
Group Closing	10:00 PM	10:15 PM
Bedtime – Lights Out	11:00 PM	

Friday		
Breakfast	07:00 AM	07:30 AM
Morning Meditation	07:30 AM	08:00 AM
Recreation Therapy – Store	08:30 AM	09:30 AM
Primary Group	10:00 AM	11:30 AM
Lunch	12:30 PM	01:00 PM
Education – Criminal Justice	01:30 PM	02:30 PM
Dinner	05:00 PM	05:30 PM
Book Study	07:00 PM	08:00 PM
Group Closing	10:00 PM	10:15 PM
Bedtime – Lights Out	01:00 AM	

Tuesday		
Breakfast	07:00 AM	07:30 AM
Morning Meditation	07:30 AM	08:00 AM
Recreation Therapy – Vons	08:30 AM	09:30 AM
Primary Group	10:00 AM	11:30 AM
Lunch	12:30 PM	01:00 PM
Anger Management	01:30 PM	02:30 PM
House Meeting	02:45 PM	03:15 PM
Dinner	04:30 PM	05:00 PM
Relapse Prevention	05:30 PM	06:30 PM
12-Step Meeting	06:30 PM	08:30 PM
Group Closing	09:00 PM	09:15 PM
Bedtime – Lights Out	11:00 PM	

Saturday		
Breakfast	07:00 AM	07:30 AM
Morning Meditation	07:30 AM	08:00 AM
Recreation Therapy – Park	08:30 AM	09:30 AM
Process Group	10:00 AM	11:30 AM
Lunch	12:00 PM	12:30 PM
Family Group / Al-Anon	01:00 PM	02:00 PM
Visiting	02:00 PM	04:30 PM
Dinner	04:30 PM	05:00 PM
12-Step Meeting	05:30 PM	07:30 PM
Group Closing	09:00 PM	09:15 PM
Bedtime – Lights Out	01:00 AM	

Wednesday		
Breakfast	07:00 AM	07:30 AM
Morning Meditation	07:30 AM	08:00 AM
Recreation Therapy – Park	08:30 AM	09:30 AM
Primary Group / Dream Catchers	10:00 AM	11:30 AM
Lunch	12:30 PM	01:00 PM
Meditation	01:30 PM	02:30 PM
Dinner	05:00 PM	05:30 PM
Anger Management (Outpatient)	05:30 PM	06:30 PM
12-Step Meeting	07:00 PM	08:30 PM
Group Closing	09:00 PM	09:15 PM
Bedtime – Lights Out	11:00 PM	

Sunday		
Breakfast	07:00 AM	07:30 AM
Morning Meditation	07:30 AM	08:00 AM
Church or 12 Step Meeting	09:00 AM	10:30 AM
Lunch	12:00 PM	12:30 PM
In-House Guest Speaker Meeting	01:00 PM	02:00 PM
Visiting	02:00 PM	05:00 PM
New Client Orientation (Tom)	02:00 PM	03:00 PM
Dinner	05:00 PM	05:30 PM
Group Closing	08:30 PM	08:45 PM
Bedtime – Lights Out	11:00 PM	

Thursday		
Breakfast	07:00 AM	07:30 AM
Morning Meditation	07:30 AM	08:00 AM
Recreation Therapy – Park	08:30 AM	09:30 AM
Primary Group	10:00 AM	11:30 AM
Lunch	12:30 PM	01:00 PM
Orientation	01:30 PM	02:30 PM
Job Readiness (Outpatient)	01:30 PM	02:30 PM
Dinner	04:30 PM	05:30 PM
Family Group /Al-Anon	06:00 PM	07:00 PM
Visiting	07:00 PM	09:30 PM
Group Closing	09:30 PM	09:45 PM
Bedtime – Lights Out	11:00 PM	

Free Time Daily

2:30PM to 4:30PM

Weights and Exercise Equipment Available

Medication Times

8:00AM to 8:45PM

1:00PM to 1:15PM

After Group Closing

Effective: 04/21/11